

TEAM PBS: IMPROVING LIVES, NOT JUST BEHAVIOURS.



pbs **MEET ANIKA BLUM O'CONNOR:**

Anika Blum O'Connor is the Regional Coordinator for Team PBS Ontario, supporting teams across the province. Anika is a Board Certified Behaviour Analyst, with an Bachelor's degree in Physical Education and Child Studies, a Graduate Certificate in Autism and Behavioural Science, and a Master's degree in Applied Behaviour Analysis. She has supported individuals using ABA interventions with a wide range of exceptionalities ranging in age from 18-months to 65 years old in a variety of settings including home, clinic, group homes, schools, and community.

Anika was first introduced to Applied Behaviour Analysis when her young son was diagnosed with severe autism and started receiving Intensive Behaviour Intervention. Despite having an exceptional team of therapists working with her son, as a parent, she struggled with not feeling like she had the knowledge and tools to help her son learn language, social skills, independence, and emotional regulation.

Since becoming a BCBA, Anika is especially passionate about working with parents and caregivers of children with ASD to empower and educate to enable them to help their loved one decrease challenging behaviours and acquire valuable skills.

It is this unique combination of education and personal experience that fuels Anika's passion for delivering quality ABA therapy to families in Ontario. She has seen firsthand how difficult it can be to access and maximize Ontario Autism Program (OAP) funding and supports and knows PBS can help address these issues. Anika and the PBS team focus on working with caregivers to select intervention goals that will help improve the quality of life for individuals with ASD and their families.

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